

How to Use Learning Styles

Aural Study Strategies

If you have a strong preference for learning by aural methods, you should use some or all of the following:

INTAKE

To gain information:

- attend classes
- attend discussions and tutorials
- discuss topics with others
- discuss topics with your teachers
- explain new ideas to other people
- use a tape recorder
- remember the interesting examples, stories, jokes...
- describe the overheads, pictures and other visuals to somebody who was not there
- leave spaces in your notes for later recall and 'filling'

Study Better

To make a learnable package:

- Convert your notes into a learnable package by reducing them (3:1)
- Your notes may be poor because you prefer to listen. You will need to expand your notes by talking with others and collecting notes from the textbook.
- Put your summarized notes onto tapes and listen to them.
- Ask others to 'hear' your understanding of a topic.
- Read your summarized notes aloud.
- Explain your notes to another 'aural' person.

OUTPUT

To perform well in any test, assignment or examination:

- Imagine talking with the examiner
- Listen to your voices and write them down.
- Spend time in quiet places recalling the ideas.
- Practice writing answers to old exam questions.
- Speak your answers aloud or inside your head.

Kinesthetic (Tactile) Study Strategies Intake

If you have a strong kinesthetic preference for learning, you should use some or all of the following:

- all your senses - sight, touch, taste, smell, hearing ...
- laboratories
- field trips
- field tours
- examples of principles
- lecturers who give real-life examples
- applications
- hands-on approaches (computing)
- trial and error
- collections of rock types, plants, shells, grasses...
- exhibits, samples, photographs

Study with less Stress

To make a learnable package:

- Convert your lecture "notes" into a learnable package by reducing them (3:1).
- Your lecture notes may be poor because the topics were not 'concrete' or 'relevant'.
- You will remember the "real" things that happened.
- Put plenty of examples into your summary. Use case studies and applications to help with principles and abstract concepts.
- Talk about your notes with another "K" person.
- Use pictures and photographs that illustrate an idea.
- Go back to the laboratory or your lab manual.
- Recall the experiments, field trip...
- Make Flash Cards

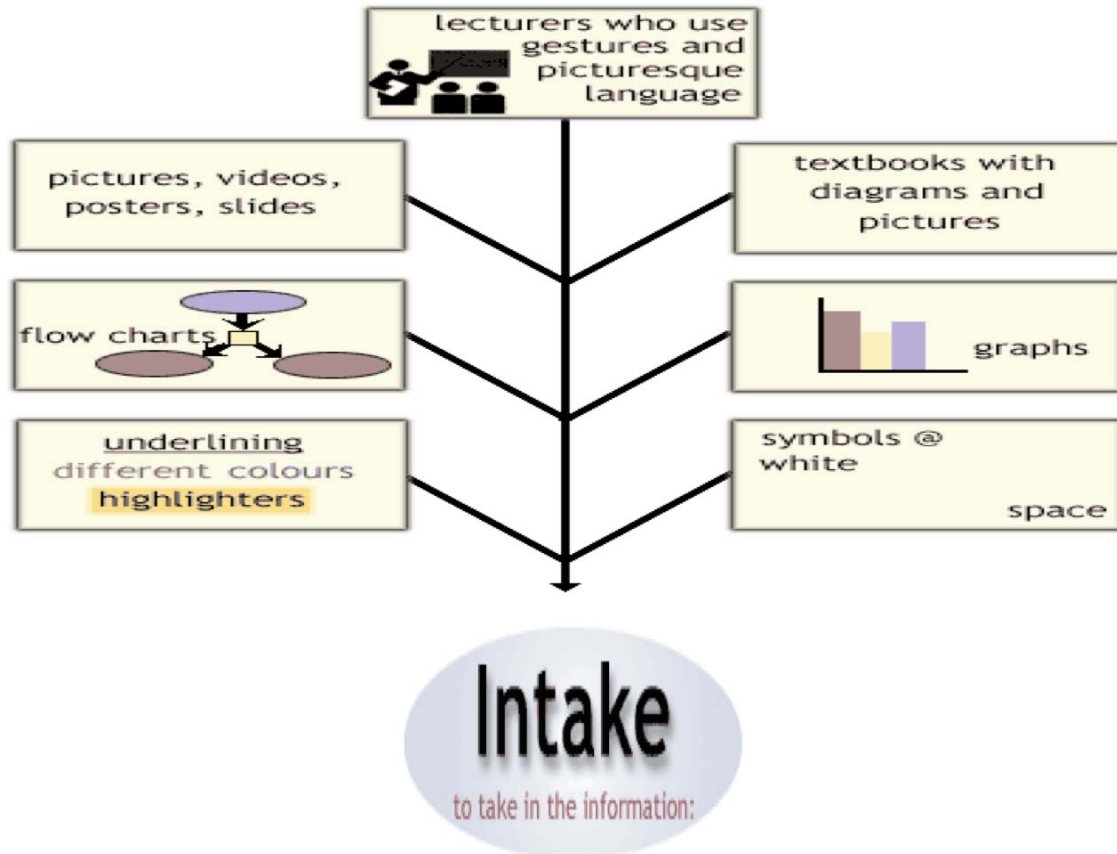
OUTPUT

To perform well in the examination:

- Write practice answers, paragraphs...
- Role play the exam situation in your own room.
- *You want to experience the exam so that you can understand it.*

You need to do things to understand.

Visual Study Strategies



Study Techniques

→ Use all the techniques above

Reconstruct the images in different ways
... try different spatial arrangements



Redraw your pages from memory

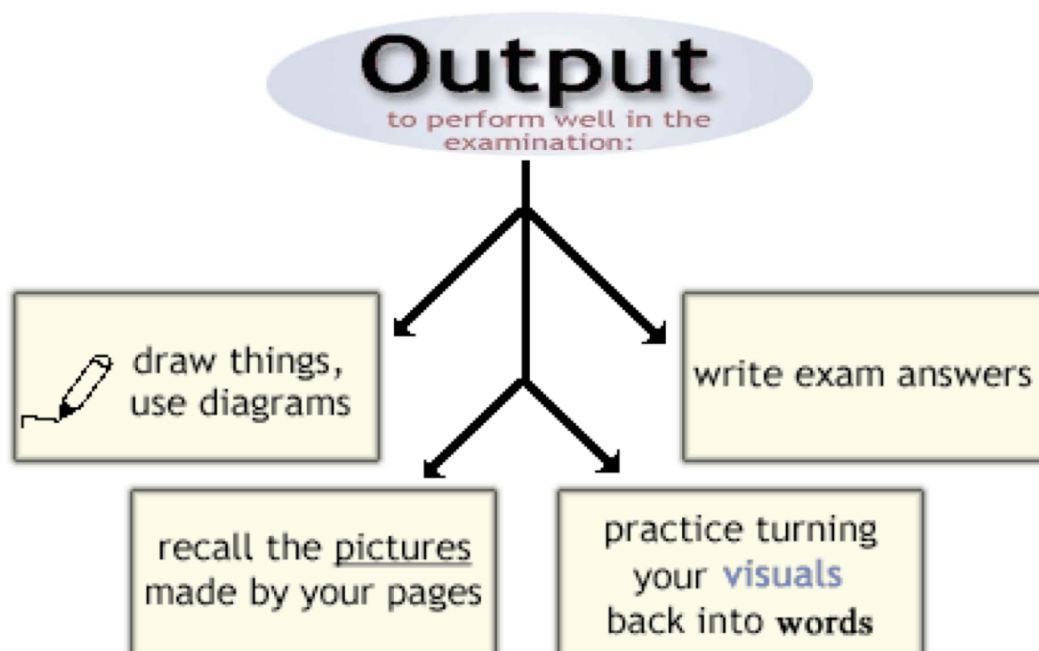
SWOT

STUDY WITHOUT TEARS

Replace words with symbols or initials

Look at your pages. ●●

Convert your lecture "notes" into a learnable package
by reducing them **3:1** into picture pages



**© Copyright Version 5.1 (2005) held by Neil D. Fleming,
Christchurch, New Zealand and Charles C. Bonwell,
Green Mountain Falls, Colorado 80819 U.S.A.**