## **Suggestions for the First Day of Class**

- 1. Be early and introduce yourself to the professor if it is convenient.
- 2. Bring your three ring binder with a notebook you have made for this class, pencils, pens, the textbook(s) and any other materials you might need.
- 3. Sit towards the front of class. You will be able to remain engaged better in the front.
- 4. Be eager and interested. Attitude goes a long way in establishing positive rapport between you and your fellow students, as well as the professor.
- 5. Plan on listening and taking notes right from the start. Underline important concepts found in the syllabus. Know your professor's office hours and how to meet if needed.
- 6. Meet at least one other student in class. As the semester continues, get email and phone numbers for students you meet in class. This is helpful if you were to miss class in the future.
- 7. Write down in your notebook or calendar any assignments given during this first class.
- 8. Be an active learner by asking questions and participating in discussions.
- 9. Understand that in college you must be a positive self-advocate. If you don't understand assignments or material, then you must solve your problem. That means getting help from a classmate, discussing the material with the professor, or using the tutoring and writing services of RRCC.

(Adapted from Essential Study Skills, by Linda Wong, 2006)