

Learning Style Inventory

Name _____

Date _____

Birthdate _____

Directions:

To gain a better understanding of yourself as a learner, you need to evaluate the way you prefer to learn or process information. By doing so, you will be able to develop strategies which will enhance your learning potential. The following evaluation is a short, quick way of assessing your learning style.

Place a check ✓ in the appropriate box after each statement.

This 24-item survey is not timed.		Often	Sometimes	Seldom
Answer each question as honestly as you can.				
1.	I can remember more about a subject through the lecture method with information, explanations and discussion.			
2.	I prefer information to be written on the chalkboard, with the use of visual aids and assigned readings.			
3.	I like to write things down or to take notes for visual review.			
4.	I prefer to use posters, models, or actual practice and some activities in class.			
5.	I require explanations of diagrams, graphs, or visual directions.			
6.	I enjoy working with my hands or making things.			
7.	I am skillful with and enjoy developing and making graphs and charts.			
8.	I can tell if sounds match when presented with pairs of sounds.			
9.	I remember best by writing things down several times.			
10.	I can understand and follow directions on maps.			
11.	I do better at academic subjects by listening to lectures and tapes.			
12.	I play with coins or keys in pockets.			
13.	I learn to spell better by repeating the words out loud than by writing the word on papers.			
14.	I can better understand a news article by reading about it in the paper than by listening to the radio.			
15.	I chew gum, smoke, or snack during studies.			
16.	I feel the best way to remember is to picture it in your head.			
17.	I learn spelling by "finger spelling" words (in the air with or without my eyes closed).			
18.	I would rather listen to a good lecture or speech than read about the same material in a textbook.			
19.	I am good at working and solving jigsaw puzzles and mazes.			
20.	I grip objects in my hands during learning period.			
21.	I prefer listening to the news on the radio rather than reading about it in the newspaper.			
22.	I get information on an interesting subject by reading relevant materials.			
23.	I feel very comfortable touching others, hugging, handshaking, etc.			
24.	I follow oral directions better than written ones.			